



COME TO ME

Matthew 11:28

EUCHARISTIC RENEWAL

Encounter Jesus, Grow in Faith, Go and Make Disciples



Atlanta Archdiocese Eucharistic Renewal

Beginning on the Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi) on June 6, 2021, Archbishop Gregory John Hartmayer, OFM Conv., has called the Archdiocese of Atlanta to a new period of Eucharistic Renewal in order to enter into a new phase of evangelization. In the archbishop's words: "This will be a time to renew and deepen our encounter with the Lord Jesus, especially in his Blessed Sacrament, to grow as his disciples and to respond to the Lord's call to go forth and make disciples. All renewal in the church and in our hearts depends on the Lord Jesus — we are called to rely more and more on his grace and the gift of the Holy Spirit. The Most Blessed Sacrament of the Eucharist is Jesus himself, really and substantially present, Body, Blood, Soul and Divinity. As we worship and adore him, let us pray for an outpouring of the Holy Spirit to guide our next steps as individual disciples, as families and communities of disciples, and together as the whole archdiocese."



Archbishop Gregory John Hartmayer

Prayer for Eucharistic Renewal

PRAYER TO ST. JOSEPH FOR EUCHARISTIC RENEWAL

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man.

Blessed Joseph, to us too, show yourself a father and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil.

Dear Saint Joseph, we entrust and consecrate ourselves to your prayers and protection. By your intercession, we pray for a new outpouring of the Holy Spirit, to bring about our own deeper conversion, a stronger reliance upon the word of God, and a renewed eucharistic life devoted to our Lord and to the service of our neighbor.

Saint Joseph, first guardian and adorer of our Lord Jesus Christ in the tabernacle of the Blessed Virgin Mary's womb, pray for us!

Amen.

Adapted from Pope Francis' 2020 Apostolic Letter *Patris Corde*.

The Archdiocese's 25th Eucharistic Congress June 17-18, 2022

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— Archbishop Hartmayer, OFM Conv.

Celebrate Forty Hours Devotion

What is the Forty Hours Devotion?

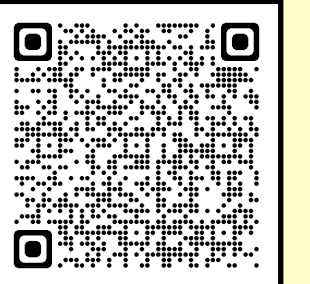
The Forty Hours Devotion is an opportunity to gather as a community before the Blessed Sacrament and to pray before the Lord in solemn adoration. It gives us time to deepen our appreciation of the importance of the mystery of the Eucharist in our lives. Traditionally it begins with a celebration of Mass. At the end of this opening Mass, the Blessed Sacrament is exposed, and over a period of a few days, the faithful are given the opportunity to assemble in prayer before the exposed Blessed Sacrament. The form of prayer to be prayed can be done in diverse ways. The Forty Hours Devotion customarily ends with the celebration of Mass.

In the celebration of the Forty Hours Devotion, we are able to witness a fuller expression of our Catholic faith in the Eucharist. It is first and foremost about our participation in the Paschal Mystery through the celebration of the Holy Sacrifice of the Mass. In the Mass, we participate directly in the saving acts of Christ, and by the grace of the Holy Spirit we unite the sacrifices of our lives with the one sacrifice of Christ on the Cross. It is in this way that we give praise and thanksgiving to God the Father for his Son Jesus and participate in the true worship of our God by which we are sanctified as his holy people. This leads us then to live out our lives more fully in Christ. This devotion also gives an opportunity to give voice to our faith in the real presence of Christ in the Eucharist. As the community gathers in prayer before the exposed Blessed Sacrament, it witnesses to our faith, as a church, that what is before us is bread no longer but truly the body of Christ (Jesus is present Body, Blood, Soul and Divinity in the sacred host and in the precious blood) ...

The article continues with answers to the questions:

- **What is the history of the Forty Hours Devotion?**
- **Why are we encouraging the Forty Hours Devotion now?**
- **How does the parish celebrate the Forty Hours Devotion?**

The full text of this article appears on the Archdiocese's web site at: <https://archatl.com/catholic-life/come-to-me-eucharistic-renewal/forty-hours-devotion/> or use this QR Code



Prayer and Formation Resources

Rediscovering the Mass: Select resources from the USCCB to encourage prayer, learning, and action. QR Code



Carlo Acutis' Eucharistic Miracles Exhibit: Eucharistic miracles are special signs intended to reinforce our faith in Jesus, Who is really, truly, and substantially present in the Sacrament of the Eucharist—Body, Blood, Soul, and Divinity. The miracles remind us of the power of our Lord Who works through His sacraments regularly (seen not by physical eyes but rather by the eyes of faith), remaining faithful to His promises to us.

In **Pope Benedict XVI's Sacramentum Caritatis** (2007), read, reflect, and pray about how the Eucharist is a mystery to be believed, to be celebrated, and to be lived.

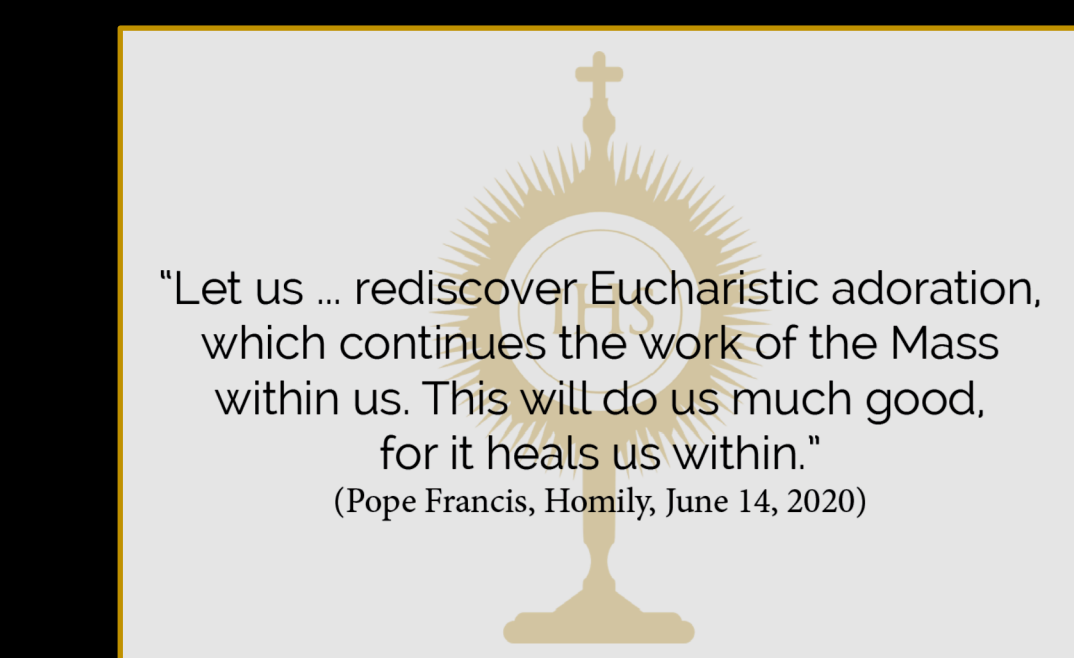


In **St. John Paul II's** last encyclical letter on the Eucharist and the Church, **Ecclesia de Eucharistia** (2003), read, reflect, and pray about how central the mystery of the Eucharist is to the very life of the Church and to our lives as disciples. The Church draws her life from the Eucharist.

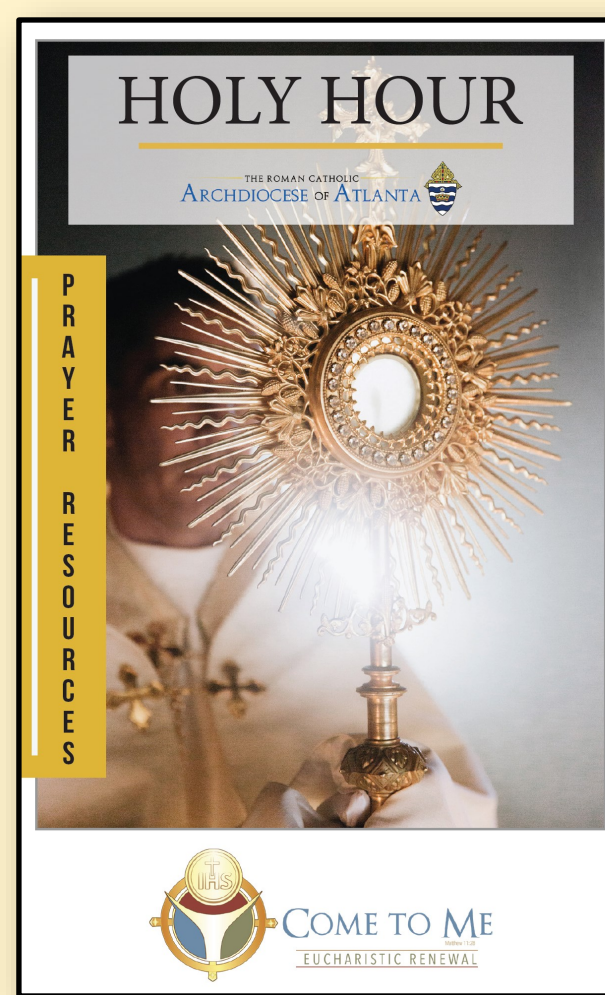
Reclaim Sunday as the Lord's Day and a day of rest, prayer, and fellowship: In **St. John Paul II's Dies Domini** (1998), read, reflect, and pray about the gift of Sunday as the day of all days and how we can live out this day in the way the Lord is calling us.



The Eucharist commits us to the poor: **The Catechism of the Catholic Church** teaches that the Eucharist leads us to serve and be close to the poor and most vulnerable among us, as **Pope Francis continues to emphasize** admirably. Read, reflect, and pray about the gift and challenge of Catholic social teaching.



Welcome to Adoration



This booklet offers a traditional course to follow during a Holy Hour, with a brief collection of prayers of the Church that might help you. For those who have not experienced adoration before, you may wonder: what do I do during adoration? Adoration of the Eucharist is a special form of prayer and a liturgical action, and it is proper to kneel in reverence to our Lord Jesus in the Blessed Sacrament—God Himself, fully present in the consecrated Host exposed in the monstrance. You are in the presence of the King of Kings, the King of the Universe! At the same time, you are visiting your most loving Savior and closest friend. It is therefore appropriate to transition from kneeling down to sitting reverently, so as to keep your focus on Jesus truly present before you and to share your heart with Him.

Seek to quiet your heart and your mind and look at the face of Jesus. Listen to the Beloved as you pour out your heart. Scripture is a privileged way for us to hear the Word of God, so consider bringing your Bible and reflecting on a passage from the Gospels or elsewhere. Be attentive to what the Lord will inspire in you through the Holy Spirit. Most importantly, have a conversation with God and allow yourself to be loved and to be transformed!



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Prayer to St. Joseph QR Code

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QR Code for the Holy Hour Booklet or visit: ArchAtl.com/wp-content/uploads/2021/05/holy-hour-resource-en.pdf

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